



My Life Beautiful Companion Guidebook: Create the Life of Your Dreams (Paperback)

By Sally L Ford

Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In My Life Beautiful: Create The Life Of Your Dreams, One Step At A Time Companion Guidebook, you will be gently guided step by step to determine what you want, how to align your thoughts with your wants, and visualize your dreams and take action. Some Steps may require profound reflection. There is space for you to journal your thoughts, for in the writing will come your aha moments. When some of the Steps become uncomfortable, you may want to skip over them and will have difficulty in staying on course. If you set small, daily or weekly goals, it will be much easier to stay on track. You will also be reminded frequently to refer back and forth between Steps which will help reinforce and combine your ideas. Get out of your own way and play full out; no holding back. Have at it with an open mind and an open heart. Fly high, dream big! Have FUN! Give not ONE thought to HOW it will happen but only to WHAT you want. It s the job of the Universe to choreograph...



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Reviews

This book is definitely worth acquiring. I have go through and so i am certain that i will likely to read through again again in the future. Its been printed in an exceptionally basic way in fact it is only after i finished reading this publication in which actually altered me, change the way in my opinion.

-- **Andres Bashirian**

Comprehensive guide for publication fanatics. This really is for all who statte there had not been a well worth reading through. I discovered this ebook from my dad and i encouraged this book to find out.

-- **Lacy Goldner**