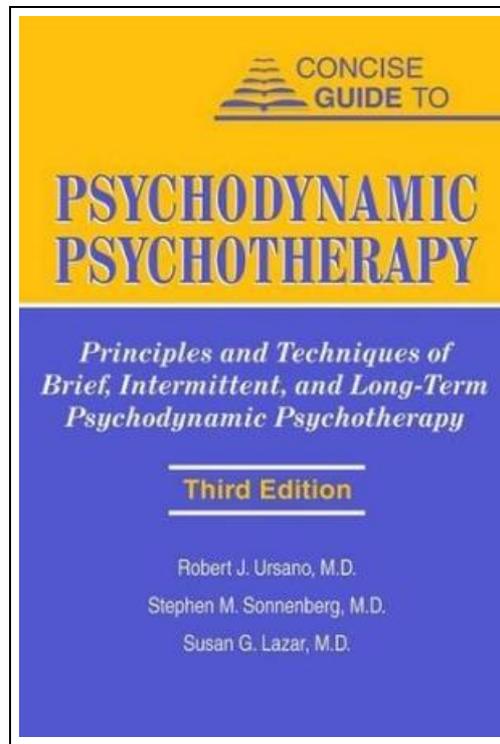


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- Provide the clinician with an updated introduction to the concepts and techniques of psychodynamic psychotherapy, describing their usefulness in other treatments. For example, psychodynamic listening and psychodynamic evaluation are best learned in the context of psychodynamic psychotherapy training but are applicable in many other psychiatric diagnostic and treatment methods.
- Convey the excitement and usefulness -- as well as the difficulties -- of psychodynamic psychotherapy and its techniques, including case examples.
- Show the efficacy and cost-effectiveness of psychotherapy in general, and of psychodynamic psychotherapy in particular -- issues of special importance in the evidence-based practice of medicine and mental health care.
- Explain the advantages -- and limitations -- of each form of psychodynamic psychotherapy: brief, long-term, and intermittent. For example, psychotherapists must be able to recognize patterns of interpersonal interaction without engaging in the drama. Thus, they must learn to recognize and understand their own reactions as early indicators of events transpiring in the treatment and as potential roadblocks to a successful treatment.

Complementing more detailed, lengthier psychiatry texts, this volume's 15 densely informative chapters cover everything from basic principles to patient evaluation, resistance and defense, transference and...



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