



Suicide Is Not the Answer: Why and How to Not Commit Suicide (Paperback)

By Marsell Morris

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Large Print. Language: English . Brand New Book ***** Print on Demand *****. Okay, do you know someone who is thinking about committing suicide, or is that someone, you? Well, guess what - you aren't alone. According to the Matthew Silverman Memorial Foundation, many people think about suicide at some point in their life, and these thoughts about suicide can reflect the intense pain and sense of desperation that depression can bring. Having these thoughts does not mean you should act on them! A great number of people who attempt or come close to suicide look back with immense gratitude that they did not succeed in taking their own life as their lives and feelings about their lives improved with help. Although, your depression won't let you see beyond your pain, believe it or not, there is an easy alternative. An alternative so easy to do, you'll wonder why you didn't think of it. In these pages, I will offer you that lifesaving alternative and you'll be so happy you found this book. Because it offers a real life option, this message should be on...

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