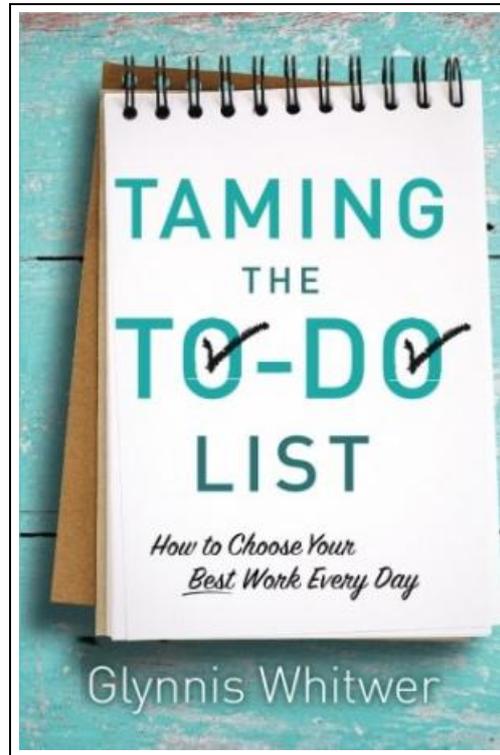


Taming the To-Do List: How to Choose Your Best Work Every Day



Filesize: 6.37 MB

Reviews

Most of these pdf is the perfect ebook available. It is actually rally intriguing throgh reading period. I am pleased to explain how this is actually the greatest ebook we have read within my personal life and might be he finest publication for actually.
(Prof. Dario Lang)

TAMING THE TO-DO LIST: HOW TO CHOOSE YOUR BEST WORK EVERY DAY



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Baker Publishing Group, United Kingdom, 2015. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book. No matter how hard women work or how much they accomplish in a day, there s lingering anxiety and guilt over what they didn t do. We just wish the world would stop for a day so we could catch up. Glynnis Whitwer has identified what makes us feel so overburdened--and it s probably not what you think. Taming the To-Do List exposes a seismic shift in our society: from one in which most of us were proactive toward one where we now carry the burden of having to respond --to every email, text, tweet, and message we receive. This major shift creates a cycle where everyone else sets the priorities for our days, rather than us designing our own lives. Taming the To-Do List addresses this significant change in how we manage our time and the issue of procrastination from a woman s point of view. It addresses the common household tasks many women put off, like doing housework and scheduling doctor s appointments, and moves on to the larger, more life-impacting delays of dreams and goals. Combining practical, easy-to-apply advice with solid research and biblical truth, this book is a compassionate yet challenging message of hope for those struggling to choose their best work over busy work.



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