



## Outdoor Parents Outdoor Kids: A Guide to Getting Your Kids Active in the Great Outdoors (2nd Revised edition)

By Eugene Buchanan

Heliconia Press. Paperback. Book Condition: new. BRAND NEW, Outdoor Parents Outdoor Kids: A Guide to Getting Your Kids Active in the Great Outdoors (2nd Revised edition), Eugene Buchanan, With an informative and entertaining look at biking, jogging, camping, swimming, paddling, snow sports, hiking, fishing, climbing and more, award winning author Eugene Buchanan extends parents a helping hand in getting their kids outside and instilling in them a respect for their health and the environment. The game is on to get today's kids off video games and into the great outdoors. Parents who refuse to let their children become an obesity statistic and who understand the fate of the environment know the answer rests with connecting kids with the great outdoors. This book shines a much-needed spotlight on how parents can accomplish this and much more. This is a practical guide for parents, teachers, psychologists, youth team leaders and sports coaches. The Heliconia Press is the award-winning publisher of paddlesport books and DVDs, founded in Canada in 1995 by the family of World Champion kayaker Ken Whiting. The company specialises in outdoor survival, watersports and extreme fishing.



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